

ALL WORKOUTS ARE HELD AT <u>LINCOLN HS</u> FROM <u>3:30 TO 5:00 PM</u>

<u>Varsity</u> - Mon / Wed / Fri <u>Junior Varsity</u> - Tue / Thu

N / WLD / IIII <u>JUNIUN VANSIII</u> - IUL



SCAN THE QR CODE TO SIGN UP FOR SPRING WORKOUTS & TEAM INFORMATION

Questions? Please email Coach Vic Chiappa at vchiappa@yonkerspublicschools.org

